



# 金巴崙長老會青草地幼稚園

Cumberland Presbyterian Church Green Pasture Kindergarten

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## 校訊

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## 駐園社工杜靄婷姑娘的話

還記得去年9月初次踏入青草地，正式展開我們基督教香港信義會學前單位社工服務於東涌區服務的里程碑。時光荏苒，轉瞬已到學期的尾聲了，過去一個學年，雖然只有逢星期二及四駐園，但深深感受到老師的關愛讓孩子活在有價值的土壤中；家長投入參與親子活動讓孩子活在被愛的溫床裡。

在社工室裡，常常聽到一個又一個有笑有淚的教養故事，輔導過程，更希望家長常常回到當下，關愛自己，發掘更多內在資源，方能在管教路上走得更遠。當然，配以正向管教技巧，更能讓我們「靈巧像蛇」地教養孩子，減少親子衝突。悠長的暑假將到，除了休養生息，鼓勵家長可加入正向管教的元素，善用餘暇陪伴孩子，送上兩個小貼士：

### 1) 建立規律生活作息

家長可與孩子一同製作一個專屬的「暑期時間表」，讓孩子過一個充實有意義的暑假，亦減少家長每天要思考如何與孩子打發時間的煩惱。時間表訂立要點：

- 與孩子一同商討製作時間表
- 固定作息，包括用膳及睡眠時間
- 每天有學習、運動、休閒娛樂及親子時間不同元素的活動
- 適時讚賞及鼓勵孩子

### 2) 善用家中資源，隨時隨地玩出親子樂

強烈不建議在暑假期間常常看電子用品，但又不可能天天外出，如何是好？其實可利用家中隨手可找到的東西作為親子活動素材，既不用花費，亦可玩出趣味。例如：把用剩的廁紙筒作為保齡球樽，讓孩子自主，發揮創意，塗上顏色，加上一個球類玩具，就可以在家打彩色保齡。

只要花點心思，暑假不難過。最後，祝願各位家長、照顧者及孩子身體健康，有氣有力享受暑假！特別祝願各位畢業生，順利展開小學的豐盛生活！願主耶穌的平安和喜樂常常圍繞你們！





# Message from School Social Worker,

## MS To Oi Ting

I still remember the first time I stepped into this kindergarten in September of last year. It marked the beginning of our agency, ELCHK Social Work Service for Pre-primary Institutions, launching school social work services in Tung Chung. Time flies, and we have quickly reached the end of the semester. Over the past academic year, although I have only been at the school on Tuesdays and Thursdays, I have deeply felt the caring from teachers, allowing children to grow in a valuable soil. The involvement of parents in parent-child activities has provided the children with a nurturing atmosphere.

In my interview room, I often hear many parenting stories filled with both laughter and tears. Throughout the counseling process, I hope parents will always return to the present moment, care for themselves, and discover more inner resources to go further on the path of parenting. Certainly, using positive parenting skills will also help us to be flexible and smart in raising kids, reducing parent-child conflicts. A long summer holiday is coming, and I encourage parents to incorporate elements of positive parenting and make good use of time to accompany children. Here are two tips:

### 1. Establish a regular daily routine

Parents can work with their children to create a personalized "summer schedule," allowing kids to have a fulfilling and meaningful summer while also reducing parents' worries about how to spend time with their children each day. Key points for setting up the schedule:

- Discuss and create the schedule together with the child
- Include regular routines, such as meal times and bedtime
- Incorporate a variety of activities each day, including learning, exercise, leisure, and parent-child time
- Offer timely appreciation and encouragement to the child



### 2. Make Good use of resources at home for Fun Parent-Child Activities

It is strongly recommended to limit the use of electronic devices during the summer, but it's not feasible to go out every day. Actually, you can use items easily found at home as materials for parent-child activities. Then, you won't have to spend money, and you can have fun with kids. For example, you can turn leftover toilet paper rolls into bowling pins, allowing kids to paint them creatively. Then, you and your kids can play colorful bowling at home with a ball toy.

With a little creativity, summer holiday can be enjoyable. Finally, I wish all parents, caregivers, and children good health and the energy to enjoy the summer! A special wish for all graduates: may you embark on a fulfilling primary school life smoothly! May the peace and joy of Jesus always surround you!





# 全校特別活動花絮照片

## School Events Photo Highlights

### 親子新年節慶共融活動日

Parent-child Chinese New Year Celebration and Cultural Integration Activity

我們體驗了  
不同國家的文化特色  
We experience  
the cultural  
characteristics of  
different countries.



### 親子旅行

Parent-child Picnic Fun Day



我們與家人非常享受  
愉快的親子時光。  
We cherish the  
wonderful moments  
spent with our parents





## 2-3月份生日會

Birthday Party



文化共融之旅  
World Cultural  
Integration



## 親子運動會 Parent-child Sports day



我們非常投入參與步及競技比賽。  
運動會真好玩。  
We are very engaged in the  
track and field competition  
Sport day is really fun!





# 品格教育 Character Education

隨時待命品格  
實踐活動〈服務大使〉  
The character of Attentiveness  
"Service Ambassador".



我們會隨時待命地  
協助有需要的同伴。  
We are always ready to assist  
our companions in need.



## 家長小組

Parent Support Group



好開心各位家長一齊慶祝聖誕節！  
We are so happy that all the parents  
celebrate Christmas together!



我地綵排緊親子聖誕慶祝會嘅表演節目呀  
We rehearse the performance for  
the parent-child Christmas celebration.



〈盆景製作工作坊〉  
Bonsai making workshop





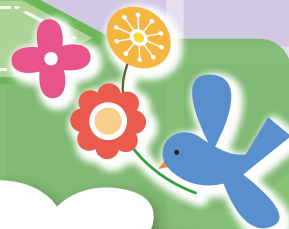
# K1 活動花絮

## Activity Highlights



### 主題活動 Theme Activities

#### 動物寶寶大配對 Baby Animal Pairing



動物寶寶找媽媽！  
Animal babies are looking  
for their moms!



### 外語活動 Language Activities

#### 普通話活動 Putonghua

花兒開了！  
The flowers  
bloom



#### 英文活動 English



我們在製作薄餅！  
We make pizza!







## 體能活動 Physical Fitness



我們一起做運動。  
We exercise together.

我們是橙、蘋果和香蕉！  
We are oranges,  
apples and bananas

## 生日會活動 Birthday Party

健康水果派對 Healthy Fruit Party



## 宗教活動 Religious Activities

齊來認識主耶穌。  
Let's get to know Jesus.



## 自由遊戲 Free Play



我們在自由地繪畫。  
We draw freely.







## 探索實踐活動 Exploration Activities

你聽到我在說話嗎?  
Do you hear me?



我們發現紅色加黃色會變成橙色。  
We find that red and yellow makes orange.

## 美藝活動 Art Activities



我們用海綿棒印出小動物。  
We used a sponge stick to print out the little animals.



齊來敲打節奏。  
Let's all clap to the rhythm.

## 音樂活動 Music Activities





# K2

## 活動花絮

Activity Highlights



### 賽馬會友趣學中文 “C-for-Chinese@JC” Project



中文真有趣！  
Chinese is really fun!



### 主題活動 Theme Activities



我們在看昆蟲的標本。  
We are looking at  
insect specimens.



我們發現水原來沒有  
固定的形狀，  
會隨著容器改變形狀。  
We find that water has no  
fixed shape and will change  
shape with the container.



### 外語活動 Language Activities

#### 普通話活動 Putonghua



我愛說普通話。  
I love speaking  
Putonghua.

#### 英文活動 English

我愛說英語。  
I love speaking  
English.

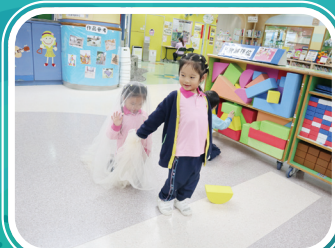




## 自由遊戲 Free Play



我們正在建造  
一條長長的隧道！  
We are going to  
build a long tunnel!



## 探索實踐活動 Exploration Activities

### 水的依附性 Water Dependence



水可以沿繩子流動嗎？  
Can water flow along  
the rope?



## 美藝活動 Art Activities

### 春天的花園 Spring Garden

繪畫春天的花朵  
We print spring flowers







## 音樂活動 Music Activities



我們隨音樂舞動絲帶。  
We dance the  
ribbons to the music.



## 體能活動 Physical Fitness



我們用毛巾運送不同的物品！  
We use towels to transport  
different items!



體能活動真好玩！  
Physical activities are so much fun!

## 宗教活動 Religious Activities



我們一起來祈禱。  
Let's pray together.



# K3

# 活動花絮

## Activity Highlights



### 賽馬會友趣學中文 “C-for-Chinese@JC” Project



我們一起玩遊戲，學中文。  
We play games  
to learn Chinese.



## 主題活動 Theme Activities



這是花瓣！  
These are petals!



這些玩具多少錢？  
How much are the toys?



## 外語活動 Language Activities

### 普通話活動 Putonghua

### 英文活動 English



我會說普通話。  
I can speak  
Putonghua.



我愛說英語。  
I love speaking  
English.

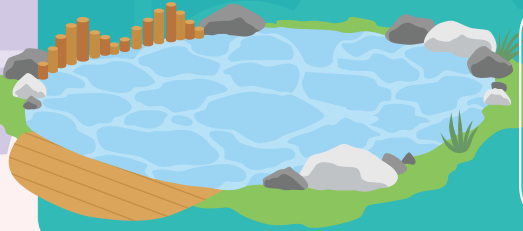




## 自由遊戲 Free Play



我做了一個魚池。  
I make a fish pond.



## 探索實踐活動 Exploration Activities

### 錢幣洗白白 Cleaning Coin



### 造紙活動 Papermaking Activity



## 美藝活動 Art Activities



我們的創作都不一樣。  
Our creations are all different.





## 音樂活動 Music Activities

樂器真好玩！  
Musical instruments  
are so much fun!



我們齊來看聖經。  
Let's all read the  
Bible together.

## 宗教活動 Religious Activities



## 特別活動 Special Events

### 愛心賣物會 Charity Fair

我們買了自己喜愛的玩具。  
We buy our favourite toys.





# 金巴崙長老會牧民堂

暑假好快又到了，牧民堂在暑假也製作了暑期活動，大家可以按著你的孩子需要來參加。請大家密切留意稍後更詳盡的資訊！

## 兒童日營：

日期：28/7-31/7  
對象：升小一至小六



## 中學生日營：

日期：5/8-7/8  
對象：升中一至中六



## 牧民堂聚會時間：

晚堂崇拜：逢週六晚上6:00

主日崇拜：逢週日上午8:30及上午10:30（第四週主日除外）

兒童崇拜：逢週日上午10:30（幼稚園／小學生）

聖餐崇拜：逢第四週主日上午10:00（富東邨鄰近小學禮堂）

地址：大嶼山東涌富東廣場二樓203室（青草地幼稚園內）

Tel: 2109 1738 / Fax: 2109 1737

## 迎東聚會點：

主日崇拜：逢週日上午10:00（第四週主日除外）

東涌市政大樓（歡迎致電查詢）：5282 0252



## An illustration of a pregnant woman with long dark hair and glasses, wearing a red long-sleeved shirt and blue jeans. She is holding her pregnant belly. Inside her belly, there is a smaller illustration of a pregnant woman wearing a yellow long-sleeved shirt and a blue headscarf with a white crescent and star. The background is a light blue and yellow abstract design. In the bottom right corner, there is a gear-like graphic with the numbers 12 and 1, and a green tree icon.

Parent-child games not only strengthen relationships but also help children learn new skills in a relaxed environment. We encourage parents and children to participate in the following board games together, creating wonderful memories!

